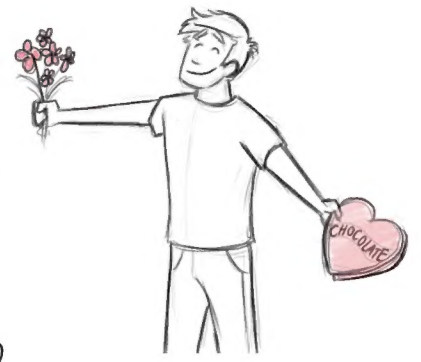




WellCast

LONG DISTANCE

♥ RELATIONSHIPS ♥



DATE _____

Use the 5Ds to help save your long distance relationships!

1 define your relationship's parameters

Having a serious plan will help ensure your long distance relationship will last!

A) How long will this last?

B) How often will we see each other?

C) What are the best ways to talk?

2 do things together, apart

What are some experiences you can still share together?

3 dedicate time to talk

Set aside time to talk to your partner!

4 ditch the jealousy

Sometimes, you have to give your boyfriend/girlfriend the benefit of the doubt and trust them!

5 drop by when you can

Use those rare opportunities to visit!